

2014 Girls MSHSL Section 5AA Championship

5/28/2014 to 5/30/2014 Hamline University, St. Paul, MN

TEAMS:

1) Mounds View	192	2) Blaine	109
3) St. Michael-Albertville	103.33	4) Champlin Park	75
5) Centennial	69	6) Anoka	62
7) Coon Rapids	58.33	8) Irondale	44
9) Totino-Grace	42.50	10) Maple Grove	38
11) Fridley	37	12) Spring Lk Pk/St. Anthony	22.33
13) Rogers	21	14) Osseo	18.50
15) Park Center	18	16) Columbia Heights	10

Girls 100 Meter Dash Section 5AA: # 11.88 2003 Kadeshia Fortune, Mpls. Washburn

Name	Year School	Prelims	Finals	Wind	Points
1 Jedah Caldwell	10 Centennial	12.61	12.45 QUAL	-1.8	12
2 Mikayla Toninato	11 Mounds View	12.60	12.66	-1.8	10
3 Markai Wotoe	11 Fridley	13.00	12.78	-1.8	8
4 Miatta Flemister-S	10 Champlin Park	12.83	12.79	-1.8	6
5 Rachel Boyer	10 Mounds View	12.65	13.09	-1.8	5
6 Alyssa Nebo	11 Blaine	13.05	13.15	-1.8	4
7 Steph Nielsen	12 Anoka	13.05	13.17	-1.8	3
8 Anna Keefer	9 St. Michael-Albe	13.02	13.21	-1.8	2
9 Chioma Ogbonnaya	10 Irondale	12.95	13.31	-1.8	1

Girls 200 Meter Dash Section 5AA: # 24.20 2010 Sasha Davis, Park Center

Name	Year School	Prelims	Finals	Wind	Points
1 Jedah Caldwell	10 Centennial	25.13	25.04 QUAL	-0.8	12
2 Markai Wotoe	11 Fridley	25.74	25.72	-0.8	10
3 Zenitra Lee	11 Maple Grove	26.41	26.54	-0.8	8
4 Erica Folk	11 Rogers	26.47	26.69	-0.8	6
5 Charolette Wolf	11 Spring Lk Pk/SAV	27.08	26.72	-0.8	5
6 Rachel Salem	11 Maple Grove	27.07	26.85	-0.8	4
7 Katelyn Marciniak	11 Blaine	26.48	26.88	-0.8	3
8 Anna Keefer	9 St. Michael-Albe	26.62	26.89	-0.8	2
9 Whitney Perry	10 St. Michael-Albe	26.48	28.31	-0.8	1

Girls 400 Meter Dash Section 5AA: # 56.07 1998 Deborah Cordner, St. Louis Park

Name	Year School	Prelims	Finals	Points
1 Feyisayo Ayobamide	9 Park Center	57.84	57.69	12
2 Markai Wotoe	11 Fridley	59.18	58.02	10
3 Elisha Lindsey	10 Blaine	59.97	59.33	8
4 Charolette Wolf	11 Spring Lk Pk/SAV	59.99	59.47	6
5 Lauren Scheidler	10 Maple Grove	1:00.59	59.54	5
6 Michelle Meyer	9 Irondale	59.10	59.83	4
7 Makenzie Langdok	9 St. Michael-Albe	59.21	1:00.12	3
8 Jessica Boesflug	11 Centennial	59.59	1:00.18	2
9 Lexi Fritz	12 Anoka	1:00.03	1:06.61	1

Girls 100 Meter Run Wheelchair

Name	Year School	Seed	Finals	Wind	Points
1 Jolyne Super	12 Spring Lk Pk/SAV		29.81	-3.9	1

Girls 800 Meter Run Wheelchair Section 5AA: # 4:05.53 2011 JoLynn Super, SLPSA

Name	Year School	Seed	Finals	Points
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Finals

1 Jolyne Super	12 Spring Lk Pk/SAV		4:20.72	1
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Girls 800 Meter Run Section 5AA: # 2:14.51 6/1/2012 Maddi Sjelin, St. Michael-

Name	Year School	Prelims	Finals	Points
1 Lizzy Heil	9 St. Michael-Albe	2:19.07	2:18.76	12
2 Diana Glebova	9 Champlin Park	2:18.79	2:19.41	10
3 Natalie Nowatzke	9 Mounds View	2:21.96	2:20.86	8

4 Emily Brown	9 Blaine	2:22.84	2:22.75	6
5 Christine Hessini	11 Mounds View	2:25.81	2:22.80	5
6 Amy Gasperlin	11 Totino-Grace	2:23.80	2:22.81	4
7 Hannah Hoekstra	12 Totino-Grace	2:24.73	2:25.47	3
8 Sara Halfrich	12 Maple Grove	2:25.85	2:26.16	2
9 Dacoda Speidel	8 Rogers	2:26.75	2:27.85	1

Girls 1600 Meter Run Section 5AA: # 5:03.71 2013 Rachel King, St. Michael-Albertville

Name	Year School	Seed	Finals	H#	Points
1 Rachel King	11 St. Michael-Albe	5:02.27	5:07.91	2	12
2 Lizzy Heil	9 St. Michael-Albe	5:04.28	5:15.93	2	10
3 Danielle Peterson	12 Blaine	5:25.16	5:25.82	2	8
4 Maria Kalkman	9 Anoka	5:26.77	5:26.17	2	6
5 Carly Bandt	12 Mounds View	5:40.82	5:26.44	2	5
6 Maddy Hvidston	11 Osseo	5:32.00	5:27.02	2	4
7 Jacqueline Lindfor	12 Rogers	5:24.40	5:28.87	2	3
8 Lindsey Gast	12 Anoka	5:28.20	5:33.97	2	2
9 Melissa Marsh	12 Spring Lk Pk/SAV	5:38.16	5:34.32	2	1

Girls 3200 Meter Run Section 5AA: # 10:49.22 2003 Lisa Waananen, Maple Grove

Name	Year School	Seed	Finals	H#	Points
1 Rachel King	11 St. Michael-Albe	11:16.15	10:56.81 QUAL	2	12
2 Marguerite Louisel	10 Totino-Grace	11:25.23	11:20.55	2	10
3 Erin Guse	10 Spring Lk Pk/SAV	11:48.71	11:32.46	2	8
4 Jacqueline Lindfor	12 Rogers	12:06.08	11:47.83	2	6
5 Riley McGinnity	9 Mounds View	11:33.92	11:56.07	2	5
6 Bryna DelCastillo	9 Coon Rapids	11:48.17	11:57.32	2	4
7 Maria Kalkman	9 Anoka	12:07.10	11:58.22	2	3
8 Maddy Hvidston	11 Osseo	11:53.98	12:00.00	2	2
9 Lindsey Gast	12 Anoka	11:41.20	12:08.25	2	1

Girls 100 Meter Hurdles Section 5AA: # 14.44 2009 Chiamaka Okonkwo, Osseo

Name	Year School	Prelims	Finals	Wind	Points
1 Alexandra Williams	11 Blaine	14.31	14.21#QUAL	-0.7	12
2 Olivia Fixsen	12 Mounds View	15.79	14.81 QUAL	-0.7	10
3 Julia Hayes	8 Irondale	16.05	15.53	-0.7	8
4 Amber Harris	12 Coon Rapids	16.51	15.84	-0.7	6
5 Laura Eischens	12 Totino-Grace	16.19	16.03	-0.7	5
6 Julia Hudgens	11 Centennial	16.59	16.28	-0.7	4
7 Erin Autio	12 St. Michael-Albe	16.35	16.34	-0.7	3
8 Hannah Stoebe	11 Champlin Park	16.66	16.64	-0.7	2
9 Heather Kilber	11 Rogers	16.96	16.91	-0.7	1

Girls 300 Meter Hurdles Section 5AA: # 44.84 2010 Kayla Sawtell, Mounds View

Name	Year School	Prelims	Finals	Points
1 Julia Hayes	8 Irondale	46.86	44.05#QUAL	12
2 Olivia Fixsen	12 Mounds View	47.80	44.21#QUAL	10
3 Alexandra Williams	11 Blaine	45.26	44.77#QUAL	8
4 Kalley Harris	9 Coon Rapids	45.51	45.39 QUAL	6
5 Amber Harris	12 Coon Rapids	46.84	45.69 QUAL	5
6 Hannah Stoebe	11 Champlin Park	47.88	45.97	4
7 Mara Balzer	10 Mounds View	47.81	47.73	3
8 Alayah Reynolds	11 Osseo	48.29	48.77	2
9 Makenzie Langdok	9 St. Michael-Albe	47.63	49.88	1

Girls 4x100 Meter Relay Section 5AA: # 48.15 2004 Mpls Washburn

School	Seed	Finals	H#	Points
1 Champlin Park	50.56	49.28	2	12
1) Allison Gerads 9	2) Tanya Horton 10			
3) Diana Glebova 9	4) Miatta Flemister-Smith 10			
2 Mounds View	48.57	49.30	2	10
1) Mikayla Toninato 11	2) Annalee Blake 10			
3) Nicole Geist 12	4) Rachel Boyer 10			
3 St. Michael-Albertville	49.91	49.49	2	8
1) Anna Keefer 9	2) Cherish Witherspoon 10			

3) Isabella Ferrozso 9	4) Whitney Perry 10				
4 Maple Grove	49.61	49.66	2	6	
1) Baillie Frizell 11	2) Rachel Salem 11				
3) Shelby Handberg 8	4) Zenitra Lee 11				
5 Columbia Heights	53.23	51.23	1	5	
1) Orlandra Humphries 10	2) Quenshae Love 10				
3) Dominica Llerena 10	4) Erica Harper 10				
6 Blaine	51.14	51.43	2	4	
1) Katelyn Marciniak 11	2) Lauren Marciniak 11				
3) Madison Kiefner 9	4) Alyssa Nebo 11				
7 Irondale	52.94	51.56	1	3	
1) Edwina Massaly 10	2) Greta Nundahl 10				
3) Jasmine Webber 10	4) Chioma Ogbonnaya 10				
8 Coon Rapids	51.55	51.62	2	2	
1) Nicole Stalboerger 12	2) Marianna Blesi 9				
3) Brianna Clarke 10	4) Allie Stalboerger 11				
9 Fridley	52.67	51.91	1	1	
1) Bebe Korti 12	2) Selena Pena 12				
3) Carliee Cook 12	4) Sierra Barker 10				

Girls 4x200 Meter Relay	School	Section 5AA: #	2004 Seed	2004 Finals	Mpls Washburn	H#	Points
1 Mounds View			1:43.08	1:43.21	QUAL	2	12
1) Mikayla Toninato 11			2) Annalee Blake 10				
3) Nicole Geist 12			4) Rachel Boyer 10				
2 Champlin Park			1:47.99	1:44.86		2	10
1) Tamera Neely 10			2) Tanya Horton 10				
3) Miatta Flemister-Smith 10			4) Allison Gerads 9				
3 Blaine			1:48.73	1:45.12		2	8
1) Katelyn Marciniak 11			2) Alexandra Williams 11				
3) Elisha Lindsey 10			4) Alyssa Nebo 11				
4 Centennial			1:47.05	1:45.24		2	6
1) Livie Ruble 9			2) Nicole Clark 9				
3) Ana Metzmaker 11			4) Jedah Caldwell 10				
5 Maple Grove			1:47.44	1:45.70		2	5
1) Baillie Frizell 11			2) Rachel Salem 11				
3) Shelby Handberg 8			4) Zenitra Lee 11				
6 St. Michael-Albertville			1:48.05	1:46.98		2	4
1) Jada Brown 11			2) Sophia Weston 9				
3) Alana Achterkirch 9			4) Cherish Witherspoon 10				
7 Osseo			1:50.04	1:47.94		1	3
1) Zaynub Oba 8			2) Kailyn Canady 9				
3) Lindsey Beisner 12			4) Dei Zimay 10				
8 Anoka			1:48.80	1:48.09		2	2
1) Carissa Ellison 9			2) Briana Floding 10				
3) Payton Rubin 10			4) Steph Nielsen 12				
9 Rogers			1:51.66	1:50.27		1	1
1) Erica Folk 11			2) Kala Berg 10				
3) Kiana Koepp 11			4) Miranda Anderson 11				

Girls 4x400 Relay	School	5AA: #	2009 Seed	2009 Finals	Mounds View (M Shelendich, E Toninato, L Hanson, K Bethke)	H#	Points
1 Coon Rapids			4:06.05	3:59.03	QUAL	2	12
1) Amber Harris 12			2) Brianna Clarke 10				
3) Rozlynn Lund 11			4) Kalley Harris 9				
2 Mounds View			4:04.09	4:01.46		2	10
1) Annalee Blake 10			2) Nicole Geist 12				
3) Mara Balzer 10			4) Olivia Fixsen 12				
3 Maple Grove			4:04.77	4:01.84		2	8
1) Lauren Scheidler 10			2) Edyn Isaacs 12				
3) Cassidy Sharp 11			4) Sara Halfrich 12				
4 Blaine			4:07.65	4:05.78		2	6
1) Breanna Mahoney 12			2) Emily Fleek 9				
3) Hannah Stratton 11			4) Elisha Lindsey 10				
5 Irondale			4:08.06	4:07.86		2	5
1) Elizabeth Axberg 9			2) Emily Brandt 10				
3) Michelle Meyer 9			4) Julia Hayes 8				
6 Totino-Grace			4:06.12	4:09.40		2	4
1) Cassandra Dixon 10			2) Jessica Lenard 0				

3) Ashley Cordero 9	4) Anna Kinnan 0			
7 Park Center	4:11.99	4:10.88	1	3
1) Feyisayo Ayobamidele 9	2) Ann Simonet 9			
3) Kylee Beaver 10	4) Sadeah Doe 10			
8 Centennial	4:11.62	4:11.08	1	2
1) Jessica Boespflug 11	2) Emily Namyst 12			
3) Nicole Clark 9	4) Livie Ruble 9			
9 Osseo	4:13.70	4:11.15	1	1
1) Dei Zimay 10	2) Kaitlyn Anderson 11			
3) Alayah Reynolds 11	4) Desiree Heckard 11			

Girls 4x800 Relay 5AA: 9:25.43 2012 Totino-Grace (K McSherry, D Winslow, A Gasperlin, T McDonald)

School	Seed	Finals	Points
1 Mounds View	9:48.33	9:30.59	12
1) Christine Hessini 11	2) Nicole Wahlin 11		
3) Anna Solfest 11	4) Natalie Nowatzke 9		
2 Anoka	9:35.33	9:31.22	10
1) Isabelle Brezinka 9	2) Taylor Krone 8		
3) Sydney Paulson 8	4) Lexi Fritz 12		
3 Coon Rapids	9:37.50	9:36.76	8
1) Elise Weimholt 11	2) Susan Porter 11		
3) Rozlynn Lund 11	4) Bryna DelCastillo 9		
4 Totino-Grace	9:50.12	9:42.84	6
1) Hannah Hoekstra 12	2) Marguerite Louiselle 10		
3) Kylie McSherry 12	4) Amy Gasperlin 11		
5 Irondale	9:55.00	9:50.77	5
1) Emily Brandt 10	2) Mary Heinks 11		
3) Lilianne Tapper 9	4) Michelle Meyer 9		
6 Centennial	9:56.85	9:52.16	4
1) Jessica Boespflug 11	2) Emily Namyst 12		
3) Nadine Thoemke 11	4) Emily Danzl 10		
7 Rogers	10:11.95	10:00.22	3
1) Hannah Lewis 12	2) Cailey Henderson 8		
3) Dacoda Speidel 8	4) Leah Lyngen 8		
8 Osseo	10:13.12	10:04.74	2
1) Bridgette Howell 10	2) Alliana Houfek 9		
3) Sammy Strootman 9	4) Kaitlyn Anderson 11		
9 Blaine	9:51.01	10:06.50	1
1) Aubrey Shepard 10	2) Hannah Stratton 11		
3) Catherine Miller 10	4) Emily Brown 9		

Girls High Jump	Section 5AA: #	5-09	1996	Gina Curtis, Park Center	Points
Name	Year	School	Seed	Finals	
1 Claire Lundberg	12	Anoka	5-04.00	5-03.00	12
2 Miranda Phipps	10	Anoka	5-04.00	5-03.00	10
3 Allison Gerads	9	Champlin Park	5-04.00	5-01.00	8
4 Orlandra Humphries	10	Columbia Heights	5-00.00	4-10.00	5
4 Olivia Fixsen	12	Mounds View	5-04.00	4-10.00	5
4 Kelsey Jonason	11	Champlin Park	4-10.00	4-10.00	5
7 Meg Anderson	11	Totino-Grace	5-00.00	4-10.00	2.50
7 Denaya Gross	10	Anoka	4-01.00	4-10.00	2.50
9 Taylor Metz	11	Centennial	5-00.00	4-10.00	1

Girls Pole Vault	Section 5AA: #	12-10	2006	Alicia Rue, Armstrong	Points
Name	Year	School	Seed	Finals	
1 Kayla Day	11	Mounds View	10-00.00	10-07.00	12
2 Natalie Louderback	10	Mounds View	10-00.00	10-01.00	10
3 Samantha Lefaive	12	Coon Rapids	9-00.00	9-10.00	8
4 Molly McGrath	12	Blaine	9-06.00	9-10.00	6
5 Jenny Schoenrock	12	Osseo	8-06.00	9-01.00	4.50
5 Estee Sieben	11	Anoka	9-00.00	9-01.00	4.50
7 Kelly Carlson	11	Mounds View	9-00.00	9-01.00	3
8 Samantha Waddell	12	Irondale	9-00.00	8-01.00	2
9 Jada Brown	11	St. Michael-Albe	8-06.00	8-01.00	0.33
9 Paige Owens	12	Spring Lk Pk/SAV	8-06.00	8-01.00	0.33
9 Veronika Polovinki	11	Coon Rapids	8-00.00	8-01.00	0.33

Girls Long Jump		Section 5AA: # 18-05.50	1996	Gina Curtis, Park Center			
Name	Year School	Seed	Finals	Wind	Points		
1 Allison Gerads	9 Champlin Park	18-08.00	18-07.25 QUAL	2.2	12		
2 Alyssa Nebo	11 Blaine	17-02.75	18-00.25 QUAL	0.8	10		
3 Markai Wotoe	11 Fridley	17-06.00	17-03.25 QUAL	1.8	8		
4 Erin Autio	12 St. Michael-Albe	17-02.75	17-02.00 QUAL	0.4	6		
5 Steph Nielsen	12 Anoka	17-06.25	17-01.50	2.5	5		
6 Sarah Johnston	7 Mounds View	16-11.25	16-09.75	0.5	4		
7 Anna Keefer	9 St. Michael-Albe	16-08.75	16-09.75	2.3	3		
8 Laura Eischens	12 Totino-Grace	16-09.00	16-07.00	1.0	2		
9 Molly McGrath	12 Blaine	17-05.50	16-06.75	2.7	1		

Girls Triple Jump		Section 5AA: # 37-07.50	2002	Kou Luogon, Park Center			
Name	Year School	Seed	Finals	Wind	Points		
1 Erin Autio	12 St. Michael-Albe	37-06.75	37-03.25 QUAL	1.1	12		
2 Chloe Ohlgren	12 Centennial	37-08.25	37-00.50 QUAL	3.2	10		
3 Paige Woldt	9 Mounds View	35-00.25	35-09.75	1.8	8		
4 Sophia Weston	9 St. Michael-Albe	35-11.25	35-06.25	1.5	6		
5 Rose McGinty	10 Totino-Grace	33-10.00	34-09.25	3.1	5		
6 Chioma Ogbonnaya	10 Irondale	34-00.00	34-03.50	4.9	4		
7 Britta Messerly-Me	12 Mounds View	34-10.25	34-03.00	0.8	3		
8 Whitney Perry	10 St. Michael-Albe	35-11.00	34-00.75	0.8	2		
9 Marissa Eggerichs	12 Blaine	33-11.50	33-10.25	2.4	1		

Girls Shot Put		Section 5AA: # 43-01	2010	Emily Lesser, Maple Grove			
Name	Year School	Seed	Finals	Points			
1 Cassidy Smestad	11 Mounds View	41-03.25	40-09.25 QUAL	12			
2 ShaRon Miller	11 Blaine	39-08.25	39-10.50 QUAL	10			
3 Veronica Rasmussen	11 Mounds View	42-00.50	38-08.00	8			
4 Erica Oawster	11 Centennial	37-04.50	36-04.00	6			
5 Rachel Anderson	12 Coon Rapids	35-10.50	36-02.75	5			
6 Leah Klein	9 Mounds View	39-08.00	36-01.25	4			
7 Auburn Miller	11 Park Center	36-06.00	35-05.75	3			
8 Oyinkonsola Adegey	11 Champlin Park	36-06.00	35-02.75	2			
9 Claire Baker	11 Totino-Grace	35-08.75	35-01.00	1			

Girls Discus Throw		Section 5AA: # 143-05	2004	Lillian Painter, Cooper			
Name	Year School	Seed	Finals	Points			
1 Veronica Rasmussen	11 Mounds View	128-04	128-11.00	12			
2 Erica Oawster	11 Centennial	131-10	128-09.00	10			
3 ShaRon Miller	11 Blaine	116-00	117-11.00	8			
4 Cassidy Smestad	11 Mounds View	118-07	115-06.00	6			
5 Jaclyn Kingman	11 Blaine	115-00	110-07.00	5			
6 Samantha Anderson	10 Champlin Park	111-02	110-02.00	4			
7 Josie Burns	12 St. Michael-Albe	110-01	109-04.00	3			
8 Rachel Anderson	12 Coon Rapids	114-02	107-00.00	2			
9 Lena Wilson	10 St. Michael-Albe	104-00	106-02.00	1			